

Multiple Intelligences Quiz

Answer the following to gauge which forms of intelligence are your strongest—and weakest. Most of us have a mixed portfolio of intelligences and that there is no purpose in trying to label someone as a *Linguistic* or *Intrapersonal* type. **Circle the number of the statements that apply to you most of the time.**

1. People tend to come to you for advice. You could describe yourself as sympathetic.
2. You can't imagine life without music. You find that music easily evokes emotions and images for you as you listen to it.
3. You have no problem reading maps and navigating. You have a good sense of direction.
4. You have set your own goals—you know where you're going.
5. You tend to readily identify the logical flaws in things people say and do.
6. You have an understanding of, and interest in, the main global environmental issues.
7. You can hold your own in verbal arguments or debates, and you give clear directions and explanations.
8. You can recognize and name many different types of trees, flowers, and plants.
9. You can visualize how things look from a different perspective or how a building might look from a plan.
10. You enjoy working with numbers and can do mental calculations.
11. You often spend "quiet time" reflecting on the important issues in your life.
12. You like to put together a detailed itinerary for vacations or business trips. You often prepare, number, and implement a "to-do" list.
13. You find yourself tapping in time to music. You have a good sense of rhythm.
14. Your idea of a good vacation is an isolated hilltop cabin rather than a five-star resort and lots of people.
15. You use hand gestures or other kinds of body language to express yourself.
16. You talk over problems with others rather than trying to resolve them by yourself.
17. You enjoy wordplay: making puns, tongue-twisters, limericks. You enjoy poems, stories, and rhymes.
18. You keep or like pets.
19. You take part in a sport or regularly perform some kind of physical exercise. You enjoy walks, swimming, and the sensation of using your body.
20. You have an appreciation of the visual arts and enjoy painting and sculpture. You have a good color sense.
21. You can identify the sounds of different musical instruments.
22. You often make your point by providing a diagram or drawing and can interpret charts easily.
23. You enjoy working with other people as part of a group or committee.
24. You have a realistic idea of your own strengths and weaknesses.
25. You like to "think aloud," to talk through problems, explain solutions, and ask questions.
26. Usually you can remember a tune after hearing it just a couple of times.

27. You like to think through problems while engaged in a physical pursuit such as walking or running.
28. You take a systematic, step-by-step approach to problem-solving. You like to find patterns and relationships between objects or numbers.
29. You often use rhythm (or rhyme) to remember things, e.g., saying a telephone number rhythmically.
30. You have no hesitation in taking the lead; showing other people how to get things done.
31. You can readily absorb information by listening to the radio or audiocassettes or lectures. The words are easily imprinted in your mind.
32. You can easily balance your checkbook; do the household budget. You create numerical targets in your business and private life.
33. You don't mind getting up on the dance floor.
34. You could envision yourself as a farmer, or maybe you like to fish.
35. You have such an excellent vocabulary that people sometimes have to ask you to explain a word you've used. You enjoy using the precise word in context.
36. The most enjoyable classes in school were sports, PE, and any handicrafts lessons.
37. In school you liked lessons in art and preferred geometry to algebra.
38. You have several very close personal friends.
39. You like to go fishing by yourself or take a solitary hike. You're happy with your own company.
40. You are conscious of tracks, nests, and wildlife on a walk and can "read" weather signs.

7	5	3	15	2	1	4	6
17	10	9	19	13	16	11	8
25	12	20	27	21	23	14	18
31	28	22	33	26	30	24	34
35	32	37	36	29	38	39	40
Linguistic	Logical/ Mathematic	Spatial	Bodily/ Kinesthetic	Musical	Interpersonal	Intrapersonal	Naturalist

Adapted from: Armstrong, Thomas. (1999). *7 Kinds of Smart: Identifying and Developing Your Many Intelligences*. New York: Penguin Books.